

Grandplains Gymcats

Annual General Meeting

Sept. 13, 2022

Welcome Back!

- We have 9 groups of gymnasts training this year from Kindergym to Competitive Level D
- All training will be held upstairs at the GACC in Grandview
- The competitive and recreational season will run from Sept. 18, 2022 – end of March for Recreation and until May for Competitive athletes
- No class dates are listed on the calendar on our website
www.grandplainsgymcats.ca

Agenda – 45 minutes

- Board introductions
- Coach's report
- President's Report
- Treasurer's Report
- Fundraising Report
- Class Cancellations / Announcement
- Covid-19
- Clothing
- Nominations – Elections
- Draw
- Questions

Introduce Board

- President: Blaine Harder/ Kim Fillion
- Secretary: Jennifer Knutson
- Treasurer: Colette Robak
- Registrar: Carrie Miner
- Members at large: Madelaine Lark (promotions), Susan Nadolny (fundraising)

Coaches Report

- Head Coach for all classes – Cait Radcliffe
- Assistant coaches – Robynne, Brooke, Christa, Kaylene, Bethany, Paige, Brooke
- Coaches in training – Ava, Heather, Meadow
- Grandplains Gymcats are split into two streams: recreation and competitive
- In recreation, we focus on the fundamentals of movement, incorporating fun into learning proper body mechanics and strengthening the connections between brain and body
- In competitive gymnastics, we focus on building on the skills learned from recreation, fine tuning their presentation and getting them ready to compete provincially

How to get the most out of your class

- Proper attire : shorts/leggings and a fitted top (baggy clothing gets caught in the equipment) or a bodysuit
- Hair up
- No jewelry (small earrings are fine)
- Bring a full water bottle
- Be on time

Class Cancellations

- No class
 - Dec. 23 – Jan. 9 (recreation)
 - Dec. 23 – Jan. 3 (competitive)
 - Feb 19 and 26
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- Last minute cancellations will be on Facebook and the website. Please check before traveling.

Competitive

- **Possible competition dates :**
- Brandon Jan. 6 - 8
- Neepawa Jan. 21
- Portage Feb. 18 -19
- Springfield Feb. 24 - 26
- Swan River March 11
- Provincials April 21 -23

President's Report

- Overcome one more year of Covid precautions. We will continue to use the UV Fogger for sanitizing all equipment in between classes and parent volunteers attended a deep cleaning of the club.
- Getting better with online communication. New email address grandplainsgymcats@gmail.com.
- Excellent growth of all of our athletes, impressive showing at Provincials. Some of our athletes attended Manitoba Summer Games training camp in Winnipeg and a gymnastics development camp in Neepawa over the summer.
- Training more coaches.
- Website – Ever evolving, new additions added regularly. New calendar, no class dates and competition dates.

Treasurer's Report

- We started out the season with a healthy balance of \$43,408 in our bank account and \$25,000 in our savings/equipment fund.
- Money brought in throughout the year includes \$23,090 from Rec Fees, \$26,927 from Comp Fees, and approximately \$16,000 from fundraising.
- Major costs throughout the year included \$19,448 for payroll, \$6000 for rent of our club space, \$8,400 in competition fees, \$6,552 for insurance, \$995 to Bankert for the website, just to name the large costs.
- Ended the season with \$45,497.26 in our account, \$25,000 in savings.

Fundraising

- We typically hold 2 meat fundraisers, one in the fall and one in the spring. The Fall 2021 fundraiser was our largest to date! We sold a total of:
 - 205 cases of ribs
 - 54 roasting chickens
 - 133 boxes of chicken breasts
 - 47 cases of pork loins
 - 42 smoked pork loins
 - 73 dozen hamburgers
 - 100 boxes of chicken wings
 - 40 tubes of ground beef
 - 200 pkgs of garlic sausage
- With a profit of approximately \$11,500.00

Fundraising

- The Spring 2022 fundraiser we sold a total of:
 - 97 cases of ribs
 - 23 roasting chickens
 - 71 boxes of chicken breasts
 - 19 cases of pork loins
 - 19 smoked pork loins
 - 75 dozen hamburgers
 - 67 boxes of wings
 - 21 tubes of ground beef
 - 100 pkgs of garlic sausage
- With a profit of approximately \$4,500.00
- Total profit from fundraising in the 2021/2022 season \$16,000.00

Fundraising

- **Our meat fundraisers have been very successful in the past. We strive to provide good quality meat to our customers which has proven to be appreciated as we have customers contacting us every year asking when we will be holding another meat fundraiser. The money that we make from the fundraisers largely goes towards purchasing new equipment for our club. If needed it also is used to help cover coaches wages, rent and any other expenses. This in turn helps lower the cost of registration for every gymnast.**
- **Fundraising is very important therefore we do ask all families to sell a minimum of \$400 worth of meat between the two fundraisers held each year. If this minimum is not reached or families choose not to fundraise at all the \$100 fundraising fee will be cashed after the spring fundraiser is completed and all totals can be calculated.**

Covid – 19

- All individuals who enter into the GACC no longer need to show proof of vaccination at this time.
- Masks are optional for all entering the GACC, athletes can choose to wear a mask if they prefer.
- The gym is sanitized between all classes.
- Parents will be called to pick up their child if they are not feeling well.
- All members are strongly encouraged to use the MB Government's Self-screening tool <https://sharedhealthmb.ca/covid19/screening-tool/> before attending class, do not attend class with any flu symptoms.

Covid –19

- Refunds for missed classes will only be given due to government shutdown.
- Class cost breakdown
 - Recreation: \$10/class
 - Competitive: \$12/class

Clothing

- Competitive body suits will be sized and distributed after Thanksgiving
- All competitive athletes need to have a competitive suit, jacket, and shorts for competition.
- We have been putting together an online store. All members will be given an email with the link and it will be posted on the website. All orders need to be placed by mid-October.
- We will be offering shorts this year for over competitive bodysuits.
- There will be samples of the jackets and shorts at the club to try on.

Website

- www.grandplainsgymcats.ca
- Please refer to our website for important information

Nominations and Elections

- We have 2 board positions that need to be filled today:
 - Secretary
 - Member at Large

4 of 7 board members need to be local members of the community (Grandview, Gilbert Plains and surrounding area)

Mentorship opportunities available for the roles of President and Treasurer

(2 - 3 members to join on an informal basis to observe roles)

Draw for Hoodie!!

- Our secretary has gathered names of all attendees and will spin to win!

Questions

- Please raise your “hand” (go to reactions and push the raise your hand button)
- If we run out of time, please email any questions to grandplainsgymcats@gmail.com for the president or the treasurer to respond.
- If your questions are for our head coach Cait, please email her at curichen@yahoo.ca

Thank you

- We look forward to a wonderful gymnastics season.